

for achievement. Their efforts are deeply emblematic of the entire nation's stunning progress during the last two decades. Rwanda is today a country that proudly sees an end to poverty on the horizon and has, against all odds, moved from tragedy to triumph.



**JOSH RUXIN** is on the faculty at Columbia University, directs Health Builders, and contributes to the *New York Times* and *Forbes*. He and his wife, Alissa, live in Rwanda with their three children.

[globalhealthbuilders.org](http://globalhealthbuilders.org)

[heavenrwanda.com](http://heavenrwanda.com)



@JoshRuxin



JoshRuxin

[littlebrown.com](http://littlebrown.com)

Follow us @littlebrown on Twitter.

Like us at [Facebook.com/littlebrownandcompany](https://www.facebook.com/littlebrownandcompany).

ALSO AVAILABLE IN AUDIO AND EBOOK EDITIONS  
 JACKET DESIGN BY PLOY SIRIPANT  
 JACKET ILLUSTRATION BY EMILY ROBERTSON  
 AUTHOR PHOTOGRAPH BY ADIL BAHALIM  
 JACKET © 2013 HACHETTE BOOK GROUP, INC.  
 PRINTED IN THE U.S.A.



"Heart-wrenching. Heartwarming. Poignant. Inspirational. Written with uncommon empathy and deftly turned phrases, full of entrepreneurial idealism tempered by hard-boiled common sense, and told with modesty. *A Thousand Hills to Heaven* may well be the most meaningful book you read this year."

—STEVEN RAICHLEN, AUTHOR OF *PLANET BARBECUE!* AND HOST OF *PRIMAL GRILL* ON PBS

"Read this terrific book and you'll be filled with ideas of how you too can help to change the world."

—JEFFREY D. SACHS, DIRECTOR OF THE EARTH INSTITUTE AT COLUMBIA UNIVERSITY AND AUTHOR OF *TO MOVE THE WORLD*

"Josh Ruxin is an entrepreneur for the twenty-first century who works at the intersection of health and business. His book beautifully captures his family's experiences and their groundbreaking—and often tasty—initiatives."

—AMBASSADOR MARK R. DYBUL, EXECUTIVE DIRECTOR OF THE GLOBAL FUND TO FIGHT AIDS, TUBERCULOSIS AND MALARIA

"This breezy memoir traces a wide-eyed do-gooder American duo from their naive arrival in Rwanda, across years of work and lessons learned with the poor, concluding with a boutique bed-and-breakfast called Heaven. A wild ride."

—LAURIE GARRETT, PULITZER PRIZE-WINNING WRITER AND SENIOR FELLOW AT THE COUNCIL ON FOREIGN RELATIONS

"Josh Ruxin limns the trajectory of his work, and his family's life, against the backdrop of a country's transformation. As all of us privileged to work in Rwanda know, there are remarkable opportunities—and stories—here, personal, professional, and universal."

—DR. PAUL FARMER, HARVARD MEDICAL SCHOOL, BRIGHAM AND WOMEN'S HOSPITAL, PARTNERS IN HEALTH

"Ruxin's work in Rwanda is an inspiration, and in this book, he brings his insights and experience right to you. It's a moving, extraordinary journey that's worth sharing with your friends and your family."

—LARRY KING, HOST OF *LARRY KING NOW*

A THOUSAND HILLS  
 to HEAVEN

LOVE, HOPE, AND  
 A RESTAURANT IN RWANDA

JOSH  
 RUXIN



A  
 THOUSAND HILLS  
 to  
 HEAVEN

LOVE, HOPE, AND A RESTAURANT IN RWANDA

JOSH RUXIN

\$26.00 US

\$29.00 CAN

ONE COUPLE'S INSPIRING STORY OF  
 HEALING A RWANDAN VILLAGE, RAISING A  
 FAMILY IN THE OLD KILLING FIELDS, AND  
 OPENING A RESTAURANT NAMED HEAVEN

Many of the world's humanitarian efforts have been focused on Africa. How can those in emerging economies not just survive but thrive? And can a country with scars as deep as Rwanda's be healed? These were just some of the questions dangled tantalizingly in front of newlyweds Josh and Alissa Ruxin at a party on a Manhattan rooftop. Could they really make a difference in a country with such a troubled recent history? They had no idea but got on a plane anyway, determined to try.

In Kigali, Josh began working from the ground up to bring food and health care to the country's villages. Alissa drew on her foodie expertise, and together they opened Heaven, a gourmet restaurant overlooking Kigali and its famous hills. It's now an international dining destination, but getting there was tough. Josh and Alissa had to work with a staff that had never even eaten in a restaurant and had to form a true team from people whose relatives had fought one another less than twenty years before—all while raising their own three children in the center of Africa.

In New York City, Josh and Alissa never could have imagined that their path to making a difference would lead not just to fields and clinics but to a kitchen and the best guacamole in Africa. Helping Rwandans create their own success, they have put in place a lasting model

